

MSJC | Mt. San Jacinto
College
STUDENT HEALTH CENTER

9:00 a.m.- 5:00 p.m. • Monday - Thursday

(951) 465-8371

Medical Services • Mental Health Counseling • Wellness Education

41888 Motor Car Pkwy, Temecula • 28237 La Piedra Road, Menifee • 1499 N. State Street, San Jacinto

CRISIS SUPPORT COMMUNITY RESOURCES

ON CAMPUS		
Campus Safety	Phone: (951) 639-5188 Text Option: (951) 537-7832	Available for on campus emergencies and safety concerns
Riverside County Sheriff	Phone: (951) 696-3000 Temecula Station	Available for emergencies and safety concerns for community and students.
	Phone: (951) 654-2702 San Jacinto Station	
	Phone: (951) 210-1000 Perris Station	
Eagles Landing Center for Student Essentials San Jacinto Campus, Room 1425	Lisa Campbell , Director CalWORKs & Basic Needs 951-487-3470 Daisy Wettstein Basic Needs Coordinator 951-487-3473	Helps MSJC students with food, clothing, books, and other necessities to help them succeed at MSJC.
Title XI Office MSJC Human Resources Temecula Valley Campus	Kristin Gonzalez 951-374-0539 kgonzalez@msjc.edu	Sexual harassment & discrimination.
CRISIS SUPPORT		
Suicide and Crisis Lifeline/ Veterans Crisis Line Available 24/7/365	Phone: Dial 988 (PRESS 1 – Veterans Text 838255) English, Spanish & ASL https://988lifeline.org/	- Free & Confidential - Enrollment in VA benefits or health care not required to connect.
The Trevor Project (LGBTQ+) Available 24/7/365	Phone: (866) 488-7386 or Text START to 678-678 <i>Free & Confidential</i>	Trevor counselors understand LGBTQ+ issues
Trans Lifeline For Transgender People	Phone: (951) 686-7273 <i>Calls are fully anonymous</i>	Trans Lifeline is run by and for trans people.
R.E.A.C.H. Sexual Assault, Domestic Violence, Childhood Trauma/Abuse	Phone: (866)373-8300 – 24 hr Crisis hotline All services are FREE and Confidential	Prevention, intervention, and treatment of sexual & domestic violence, childhood trauma/abuse, and human trafficking.
	1600 E Florida Ave #206 Hemet CA 92544	
Riverside Area Rape Crisis Center Available 24/7/365	Phone: (951) 686-7273 Free Hotline & Advocacy	Culturally responsive support and services to survivors affected by sexual violence
	1845 Chicago Ave STE A, Riverside, CA 92507	

MENTAL HEALTH CLINICS (Residential/IOP/Partial Hospitalization)		
Mental Health Urgent Care Walk-in Clinic	Phone: (951) 349-4195	• Recovery from crisis
	85 Ramona Expressway, Suites 1-3, Perris, CA 92571	
Loma Linda Behavioral Health Mood & Self-Harm Stabilization	Phone: (951) 290-6530	• Outpatient/IOP • Partial Hospitalization • Adolescents/Adults
	28078 Baxter Rd, Prof. Office Buildings Ste 230 Murrieta, CA 92563	
CARES (Community Access, Referral, Evaluation and Support) Behavioral Health	Phone: (800) 499-3008	• Provides information and referrals for Medi-Cal and Riverside Co. Health plan beneficiaries
Lightfully Behavioral Health Online IOP Mental Healthcare for College Students, 18-25 yrs	Phone: (916) 299-5709 -Admissions	• Residential treatment • Partial Hospitalization • Intensive outpatient Program (IOP)/Virtual IOP • Accepts most insurance & IEHP
	<i>Depression, Mood Disorders, Anxiety, Personality Disorders, Trauma Related Disorders, Suicidality & Self-Harm Behaviors</i>	
Newport Institute Mental Healthcare Young Adults 18-35	Phone: (855) 922-4107	• Residential treatment • Partial hospitalization • IOP – outpatient programs • Withdrawal Management
	<i>Eating Disorders, Depression, Mood, OCD, Anxiety, Trauma & Substance/Alcohol Abuse</i>	
Jackson House So. California Locations [Temecula (951) 261-8392]	Phone: (888) 255-9280 - Admissions https://www.jacksonhousecares.com	• Residential treatment • Intensive outpatient treatment (IOP) • Partial hospitalizations • Accepts insurance
	<i>Bipolar, Schizophrenia, Trauma, Depression, Anxiety, psychosis, Veterans program. Dual Diagnosis.</i>	
BASIC NEEDS/EMERGENCY SHELTERS/HOUSING		
211 Riverside County Available 24/7/365	Phone: 211 (Toll-Free) Free & Confidential Many languages	• Basic needs referrals • Financial & mental health support, and housing.
HomeConnect County of Riverside	Phone: (800) 498-8847	• Links to services & resources for those in a housing crisis.
Emergency Shelter: Project Touch	Phone: (951) 677-9661	• Mothers, single Woman, Elderly Men, Veterans, and families.
	29760 Rancho California Rd Ste 107A, Temecula, CA 92591	
Emergency Shelters: City Net County of Riverside	Phone: (951) 390-3567 Referrals to partnering local programs	• Case management • Interim housing and available shelters
Path of Life Ministries City of Riverside	Emergency Shelter/Call for Bed Availability: (951) 462-9822 hotline@thepathoflife.com	• Emergency shelter for housing crisis
MENTAL HEALTH FAMILY SUPPORT		
National Alliance on Mental Illness (NAMI)	Phone: (800) 951- NAMI (6264) Mon – Fri: 10am – 10pm ET	• Family Support Group • Referral Services

**If emergency medical care is needed,
call 9-1-1 or go to the emergency room of the nearest hospital.**